Workshop for Class 4 and 5 by Manas Foundation

(16th -17th September 2021)

Grade 4: 'Enjoying our differences'- the theme for the interactive workshop, was designed to make the students of Grade 4 sensitive and tolerant to diversity of self and others, and to recognize and embrace their uniqueness. Students were made aware of how they are different from each other and how their behavior varied based on these differences. The facilitators from the Manas Foundation helped the students understand the consequences of not being accepting of differences, which leads to 'bullying'. Students were encouraged to open up about their experiences of bullying. The workshop was very interactive where children were given space to express their feelings and experiences thus instilling values of empathy, co-existence and acceptance. This will help them become responsible and sensitive individuals who embrace their uniqueness. Children really enjoyed the interactive workshop and participated enthusiastically sharing their feelings and experiences.

Grade 5: Through interactions and sharing of experiences, students of Grade 5, learnt about 'bullying' under the larger theme of 'being responsible'. The facilitators guided them to talk about the ways one could refrain from indulging in bullying or even proactively stand up against bullying. Students were encouraged to be 'up-standers' and being 'socially responsible' as it teaches students how inaction towards bullying is also an action to indirectly support it. Children were asked to think creatively on how to combat bullying by placing them in plausible and relatable situations that have or could occur in their class. It focused on how students could identify and stand up against different forms of bullying. The interaction helped to inculcate leadership qualities to take up social responsibility just as they would take their personal responsibility.







